



# Magic Meals

## First Week of December Menus

Angela & Stacey Davis

Orders Due Saturday, November 30th

We're bundling up lately at the Davis house, and that means we're craving soup! It's that time of year and we're happy to offer our very popular Soup Packages once again. In addition to our Home-Style, Weight Loss and Grab & Go Menus, we're also offering a soup-only package this week. So if you want a hot cup of homemade soup to warm you from the inside, we're happy to help. Homemade soups make great Christmas presents, so consider ordering an extra package to keep it in your freezer for that special someone.

Speaking of Christmas presents, have you considered a Magic Meals Gift Certificate?

### Magic Meals Christmas Special

- 10% Off Gift Certificates! \*
- Plus 10% off of your next order! \*

\* When you purchase a Holiday Gift Certificate for a Trial Sized Package (\$99 or more) you receive a 10% discount on your gift! Additionally, as a "Thank You" for introducing our service to a potential new client, you receive 10% off of your next regular order!

Consider giving Magic Meals for the person has everything or perhaps for the loved one who is struggling to stay independent in their own home. We help many families care for their elders and disabled family members. Perhaps we can help your family as well? Email or call us to make arrangements to purchase your gift certificates. We'll make your Christmas Shopping simple.

On the home front, we had Christmas pictures taken this week. We think Marley is the most photogenic of the whole family.



Miss Marley has two teeth! After months of working on them, she popped two teeth through on the same day this week. She's not eating steak yet, but she already seems to be working the gums on the upper teeth now. Won't be long!

Evander loved his first day of preschool last week, and at the end of class, the first thing he wanted to know was when he got to go back. He's already much more excited about singing the alphabet and "Duck, Duck, Goose" is a new favorite game.

Stacey, Angela, Evander & Marley

To learn more, visit

**www.MealsLikeMagic.com**  
Or call  
**785.554.4524**

**If you received this email as a forward, please sign up for future weekly emails by sending an email to:**

**chefs@mealslikemagic.com**

Angela & Stacey Davis

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### This Week's Menu

1. **Chicken, Vegetable and Stuffing Casserole:** Creamy, oven-baked Chicken and Herbed Stuffing layered with Mixed Vegetables
2. **Tuscan Bean and Cabbage Soup:** Savoy Cabbage and Cannellini Beans in a Thyme Tomato and Chicken stock with Onions, Celery, Carrots, Red Bell Peppers and Zucchini, served with side dishes as called for in the menu plan.
3. **Sautéed Chicken with Red Berry Sauce:** Sautéed Chicken Breasts in a fresh Raspberry Sauce, accompanied by side dishes as called for in the menu plan.
4. **Pork Chops with Tomato-Sage Pan Sauce:** Sautéed Boneless Pork Chops with Tomato-Sage Pan Sauce, served with side dishes as called for in the menu plan.
5. **Mama's Goulash:** Ground Turkey, Onion, Green Pepper and Tomatoes, simmered with a bit of spice and Whole Wheat Macaroni, served with side dishes as called for in the menu plan.
6. **Turkey, Vegetable and Rice Wrap:** Seasoned Ground Turkey, Black Beans, Green Peas, Carrots, Cheese and Brown Rice with warm Sage, Rosemary and Thyme, wrapped in a Whole Wheat Tortilla
7. **Spinach Chicken Wrap:** Chicken Breast, Garlic Mashed Potatoes, Spinach, Corn and Cheese, all wrapped in a Whole Wheat Tortilla
8. **Número Uno Chili:** Tasty Tomato Chili made with Ground Beef and Pork and Kidney Beans, seasoned and simmered for full flavor, with side dishes as called for in meal plan.
9. **Chicken Noodle Soup:** The Ultimate Comfort Food, with Whole Wheat Egg Noodles, Carrots, Celery, Onion and fresh herbs, with appropriate side dishes for menu plan.

### Just pick the Meal Plan below that fits your lifestyle.

Home-Style Meal Plan	Weight Loss Meal Plan	Grab & Go Meal Plan
#1 Chicken & Stuffing Casserole	#3 Chicken w/Raspberry	#1 Chicken & Stuffing Casserole
#3 Chicken w/Raspberry	#4 Pork Chop	#5 Mama's Goulash
#4 Pork Chop	#2 Bean & Cabbage Soup	#6 Turkey Wrap
#5 Mama's Goulash	#6 Turkey Wrap	#7 Chicken & Spinach Wrap
#8 Número Uno Chili	#7 Chicken & Spinach Wrap	#8 Número Uno Chili
<ul style="list-style-type: none"> <li>• You get an equal number of each meal in this plan.</li> <li>• Meals will be packaged with appropriate side dishes.</li> <li>• Call or email for substitutions.</li> </ul>	<ul style="list-style-type: none"> <li>• You get more wraps and single dish meals than meals with side dishes in this menu plan.</li> <li>• Call or email for substitutions.</li> </ul>	<ul style="list-style-type: none"> <li>• Grab &amp; Go Meals do not have side dishes.</li> <li>• You get an equal number of each Grab &amp; Go meal in this plan.</li> <li>• Call or email for substitutions.</li> </ul>
<b>\$199 for 30 Senior Portioned Meals</b> \$6.63 Per Meal	<b>\$139 for 20 Meals</b> \$6.99 Per Meal	<b>\$149 for 30 Meals</b> \$4.99 Per Meal
<b>\$180 for 20 Standard Portioned Meals</b> \$9.00 Per Meal	<b>\$179 for 30 Meals</b> \$5.99 Per Meal	<b>\$180 for 40 Meals</b> \$4.50 Per Meal
<b>\$225 for 30 Standard Portioned Meals</b> \$7.50 Per Meal	<b>\$199 for 40 Meals</b> \$4.99 Per Meal	<b>\$199 for 50 Meals</b> \$3.99 Per Meal
<b>\$150 for 5 Family Style Entrée Only Meals. Each meal feeds 4 to 6 Adults.</b> \$30.00 Per Family Meal	<b>\$130 for 5 Family Style Entrée Only Meals. Each meal feeds 4 to 6 Adults.</b> \$30.00 Per Family Meal	

- All of our meals feature Low Fat, High Fiber, Reduced Sodium and no Preservatives. We use only the best available ingredients, using local and natural items when possible. We give your meals the same love and attention to detail that we put into the meals we feed our own children.
- All meals are delivered frozen and are designed to retain their fresh cooked goodness for up to three months in your freezer.
- **Substitutions are available within each Meal Plan.** In most cases there is no additional charge for substitutions. The only exception to this is when you choose to substitute meals that have side dishes for wraps or single dish meals. Email with specific substitutions and we'll contact you to work out the details.
- **Free Delivery on all Meal Plans Above.**
- **Trial Sized Packages are available, starting at \$99 + \$10 delivery charge.**
- Family Style Packaging (all servings of an entrée packaged in a single container) for No Additional Charge.

### 5 Simple Steps to Ordering

1. Choose the Meal Plan that meets your needs. If you don't see what you need, contact us to discuss a custom menu plan.
2. Email [chefs@mealslikemagic.com](mailto:chefs@mealslikemagic.com) or phone us at (785) 554.4524 to place your order. Substitutions from other items on this week's menu are possible. Please call or email to make arrangements to customize your Meal Plan.
3. You will receive confirmation of your order (if placed by email) within 48 hours.
4. Once confirmed, we'll plan your cook day and contact you around Wednesday to schedule your delivery time (normally Thursday or Friday).
5. Payment can be made at the time of the delivery by check, cash, or money order. We can accept credit cards, but prefer not to as it costs us to process those cards. If you need to pay via credit card, please email us for details.

**Orders Due by 5 PM Sunday, November 30th**

To Order Call: 785.554.4524 or **Email Us**