

Magic Meals Upcoming Menus. "TBD" items are To Be Decided based upon seasonal ingredients when the weekly menu email is sent.

Visit [MealsLikeMagic.com/upcoming-menus/](http://MealsLikeMagic.com/upcoming-menus/) to see the calendar that identifies which menu number will be offered each week.

Current Oct 26, 2017

<b>Week 1 Menu</b>
<b>Honey Mustard Chicken Casserole</b>
<b>Home-Style Beef Stroganoff</b>
<b>Kansas City BBQ Pulled Pork</b>
<b>Turkey Bacon Shepherd's Casserole</b>
<b>Tilapia in Parmesan Herb Breading</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Beef &amp; Bean Wrap</b>
<b>Breakfast Option TBD</b>
<b>Ham &amp; Egg Breakfast</b>

<b>Week 2 Menu</b>
<b>Chicken Cordon Bleu Casserole</b>
<b>Classic Meatloaf</b>
<b>Ham Steak &amp; Pineapple</b>
<b>Mama's Goulash</b>
<b>Baked Tilapia with Vegetables</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Chicken and Sweet Potato Wrap</b>
<b>Breakfast Option TBD</b>
<b>Sausage &amp; Egg Breakfast</b>

<b>Week 3 Menu</b>
<b>Lemon-Wine Chicken</b>
<b>Spaghetti and Meat Sauce</b>
<b>Pork Roast with Dijon Herb Sauce</b>
<b>Sweet Turkey Loaf</b>
<b>Rosemary Garlic Tilapia</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Creamy Beef &amp; Spinach Wrap</b>
<b>Breakfast Option TBD</b>
<b>Bacon, Spinach &amp; Egg Breakfast</b>

<b>Week 4 Menu</b>
<b>Garlic Chicken &amp; Broccoli Pasta</b>
<b>Onion Smothered Beef</b>
<b>Citrus and Mint Pork Roast</b>
<b>Southern Tuna &amp; Rice Casserole</b>
<b>Baked Tilapia Ola</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Curry Mango Chicken Wrap</b>
<b>Breakfast Option TBD</b>
<b>Sausage &amp; Egg Breakfast</b>

<b>Week 5 Menu</b>
<b>Honey Balsamic Chicken</b>
<b>Beef &amp; Cabbage Roll Casserole</b>
<b>Farmhouse Pork Roast</b>
<b>Angela's Mac &amp; Cheese</b>
<b>Lemon Pepper Tilapia</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Stacey's Mexican Burrito</b>
<b>Breakfast Option TBD</b>
<b>Ham &amp; Egg Breakfast</b>

<b>Week 6 Menu</b>
<b>Rosemary Garlic Chicken Stir-Fry</b>
<b>Salisbury Beef</b>
<b>Ham &amp; Broccoli Pasta</b>
<b>Turkey Veggie Rice Casserole</b>
<b>Tilapia w/ Balsamic Butter Glaze</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>BBQ Turkey &amp; Cabbage Wrap</b>
<b>Breakfast Option TBD</b>
<b>Bacon, Spinach &amp; Egg Breakfast</b>

<b>Week 7 Menu</b>
<b>Tomato Balsamic Chicken</b>
<b>Tater Tot Casserole</b>
<b>Honeyed Pork Roast</b>
<b>Taco Bowl</b>
<b>Garlic Lemon Tilapia</b>
<b>Flex Spot TBD</b>
<b>Flex Spot TBD</b>
<b>Local Beef TBD</b>
<b>Wild Caught Salmon TBD</b>
<b>Tuscan Tuna Wrap</b>
<b>Breakfast Option TBD</b>
<b>Sausage &amp; Egg Breakfast</b>



**READY FOR MORE MEALS?**

**WWW.MEALSLIKEMAGIC.COM**  
**(785) 554-4524**



Orders are usually due on Monday for delivery the following Monday.

To Order...

**Call (785) 554-4524**

Email [Chefs@MealsLikeMagic.com](mailto:Chefs@MealsLikeMagic.com)

Or visit our website at

[www.MealsLikeMagic.com](http://www.MealsLikeMagic.com)